

**Mental Health:
Policy, Clinical, and
Spiritual Implications**

*Engaging Communities to Reduce
the Mental Health Stigma*

April 20, 2009

6:00 p.m. - 9:00 p.m.

Sheraton New Orleans Hotel – Gallery Room

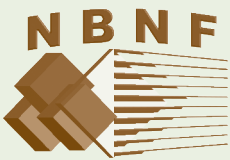
500 Canal Street

New Orleans, LA 70130

Program Objectives

- *Provide an overview of mental health and its relationship to spirituality and the relevancy in the faith-based, academic, clinical, and policy making communities;*
 - *Discuss important health policy implications around mental health;*
 - *Discuss effective tools for clergy that enable them to assist in counseling for depression;*
 - *Encourage faith leadership to make information on faith-based prevention of suicide and depression available on request to practicing clergy; and*
 - *Understand the impact of health policy and legislation on the faith-based community as an integral service option in mental health.*
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About the Foundation



The National Black Nurses Foundation, Inc. (NBNF) is engaged in activities that include health literacy, health authority models to increase access to care, nurse leadership development, reforming healthcare workforce regulations and the decrease of chronic diseases and related risk factors in underserved, underrepresented and at risk populations.

The Foundation undertakes the responsibility of improving the state of nurses, particularly African-American nurses through cooperative relationship with other similar international nursing, community, faith-based, professional and consumer organizations across ethnic nurse populations.

OUR MISSION is to convene alliances and develop programs around clinical, and policy measures to improve the quality of life for underserved, underprivileged, and underrepresented at-risk populations. We achieve our mission through education, research, and policy implications as these programs highlight the impact of the nursing shortage and leadership in the United States and its territories.

For more information visit www.nbnfoundation.us

Agenda

Opening/Welcome

Kermit G. Payne

National Black Nurses Foundation, Inc.

Greetings and Program Overview

Kevin U. Stephens, Sr., MD, JD - *Program Chair*

Director of Health

City of New Orleans Department of Health

Keynote Presentation

Mental Health: The Burden of Disease on Healthcare Disparities and Policy – Implications for Parity in Health Care

Cheryll Bowers-Stephens, MD, MBA

Principal Consultant, The Schopenhauer Group, LLC

Staff Child and Adolescent Psychiatrist at the

Ochsner Medical Foundation

Former Assistant Secretary, Louisiana Department of Health

Clinical Implications: Understanding Depression and Bipolarism to Reduce the Stigma Associated with Mental Health

Rochelle Head Dunham, MD

Medical Director, Louisiana Department of Health and Hospital's

Office for Addictive Disorders

Clinical Assistant Professor of Psychiatry, Tulane University Hospital and Clinics

Physician Consultant, Xavier University's Institutional Review Board

Human Subjects Committee

Policy & Community Partnerships for Improved Mental Health Outcomes – A Panel Discussion

Joia A. Crear-Perry, MD, MPH, FACOG – *Moderator*

Clinical Director

City of New Orleans Health Department

Ayanna V. Buckner, MD, MPH

Assistant Professor, Community Health and Preventive Medicine

Director, Regional Coordinating Center for Hurricane Response

Morehouse School of Medicine

Rochelle Head Dunham, MD

Josie L. White, MPA, MEd, NCC, LPC, LMFT

Founder and Executive Director, Community Innovations, Inc.

Owner, JW's Creative Solutions, LLC

A Call to Action

Joia A. Crear-Perry, MD, MPH, FACOG

Closing

Kevin U. Stephens, Sr., MD, JD

CHERYLL BOWERS-STEPHENS, MD, MBA is a licensed medical doctor and a board certified adult, child, and adolescent psychiatrist. As the former Commissioner of Mental Health in Louisiana she led the state's mental health preplanning, response, and immediate recovery from Hurricanes Katrina and Rita. In this position, she laid the foundation for the transformation of Louisiana's public mental health system. Dr. Bowers-Stephens has extensive background and experience in strategic management fund development, public administration, program planning/implementation and treatment of special populations. She previously served as the Medical Director of Infant, Children, and Adolescent Services and the Developmental Neuropsychiatry Program in Louisiana. On the national level, she has served as a member of President Bush's Advisory Council on HIV-AIDS. Appointed by the former US Department of Health and Human Services Secretary, Tommy Thompson, she has also served on the national Advisory Board to the Center for Mental Health Services for the Substance Abuse and Mental Health Services Administration.

Currently, Dr. Bowers-Stephens is on the national board of directors for the American Academy of Community Psychiatrists. She also has a consultant practice specializing in community and organizational development, public policy research, and executive coaching. In addition she joined the department of Psychiatry at Ochsner Medical Clinic in July of 2007. She treats ages 2-22 with Developmental Disorders such as Pervasive Developmental Disorders, Autism, Tourette's Disorder, Obsessive Compulsive Disorder, Bipolar Disorder, ADHD, Oppositional Defiant Disorder, Conduct Disorder, and Developmental Disabilities including Mental Retardation.

AYANNA V. BUCKNER, MD, MPH, Assistant Professor, Morehouse School of Medicine, Department of Community Health and Preventive Medicine is a graduate of Meharry Medical College School of Medicine. Dr Buckner, who is director of the Regional Coordinating Center for Hurricane Response at Morehouse School of Medicine is actively involved in relevant mental health issues. She participated in a collaboration between National Alliance on Mental Illness and the American Psychiatric Association in a program to address the importance of primary care clinicians and cultural issues related to the diagnosis and treatment of depression in minorities. Dr Buckner serves as membership chair for the American Public Health Association. She is certified in preventive medicine and public health.

JOIA A. CREAR-PERRY, MD, MPH, FACOG serves as the Director of Clinical Services, City of New Orleans Health Department. In addition to being a Fellow of the American College of Obstetrics and Gynecology, Dr. Crear-Perry received several other honors during her educational training and professional career. Among these, she became a NIH Student Fellow. As a resident, Dr. Crear-Perry accepted the Isadore Dyer, MD Award for Teaching Excellence. She was awarded the Tulane Xavier Center for Excellence in Women's Health Award and the Congressional Black Caucus Health Braintrust Award in 2006. She also chaired the Workforce Healthcare Recruitment Subcommittee of the Healthcare Redesign Collaborative under Secretary Leavitt. She is currently on the Executive Committee of the Coalition of Leaders in Louisiana Health Care and the New Orleans Medical Association

ROCHELLE HEAD-DUNHAM, MD, a New Orleans native, is Board Certified in both Adult Psychiatry and Addiction Psychiatry by the American Board of Psychiatry and Neurology (APBN). Throughout her career, her professional work has pioneered many of the efforts in the treatment of co-occurring mental illness and addictive disorders. In 2001, she was awarded the “Advancing the Profession Award” by the Council on Alcohol and Drug Abuse (CADA). In 2002, she was awarded Fellow status by the APBN.

Dr. Head-Dunham’s Clinical/Administrative positions include Medical Director of the Louisiana Department of Health and Hospital’s Office for Addictive Disorders; Clinical Assistant Professor of Psychiatry, Tulane University Hospital and Clinics; and Physician Consultant to Xavier University’s Institution Review Board, Human Subjects Committee. Former appointments include, Medical Directorships at state, regional, and private levels; academic faculty at the Xavier University College of Pharmacy, and Consultant Psychiatrist for the Orleans Parish School System. Concurrent with these appointment was Private Practice for 13 years.

Dr. Head-Dunham has given numerous presentations on selected topics in the fields of General and Addiction psychiatry. Journal Publications and Research Experience, not limited to the field of Addiction Medicine, are also included in her experiences. Dr. Head-Dunham is a member of several professional medical and civic organizations, including Delta Sigma Theta Sorority Incorporated. She is a practicing member of the Baptist faith and currently serves in leadership positions at her local church.

KEVIN U. STEPHENS, SR., MD, JD is current Director of the City of New Orleans Health Department, where he works to take public health to an ultimate high for New Orleans. As New Orleans is identified across the country for its many health disparities, Dr. Stephens dedicates his time combating health disparities by any means necessary. Dr. Stephens also shares pertinent health information with the WWL Morning Show viewers in the New Orleans area. Further, he speaks nationwide pertaining to emergency preparedness and the affect of Hurricane Katrina as it relates to the city’s public health system. In his efforts to rebuild Public Health in New Orleans, Dr. Stephens can be quoted in medical journals across the country and around the world regarding the aftermath of Hurricane Katrina.

Amongst his media and medical popularity, Dr. Stephens manages to stay not only in touch with his NOHD staff of now 62 employees, his six divisions and thirty-one programs of the health department, but he’s also recognized as a true dedicated member to his church.

JOSIE L. WHITE, MPA, MEd, NCC, LPC, LMFT is a Nationally Certified Counselor, Licensed Professional Counselor, Licensed Marriage & Family Therapist and Mediator. She is owner of JW’s Creative Solutions, LLC, a company through which she provides Counseling, Case Management, Life Coaching, and Behavioral Consulting Services. Ms. White is also the Founder and Executive Director of Community Innovations, Inc., a non-profit organization whose mission is to develop programs that will improve the educational, social, and economic status of individuals at-risk to poverty, unemployment, poor health, and crime.

Ms. White was a 1992 Presidential Management Intern and a 1993 Fellow with the International Foundation for Education and Self Help. Ms. White is committed to empowering individuals and mobilizing communities.

Partner Organizations

Association of Black Cardiologists, Inc.

www.abccardio.org

Association of Black Health-Systems Pharmacists

www.myabhph.org

Black Psychiatrists of America

www.blackpsych.org

City of New Orleans Health Department

www.cityofno.com

Morehouse School of Medicine - Department of Medicine

www.msm.edu

National Black Nurses Association

www.nbna.org

Supporters

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Music

Arranged and produced by Fred L. Cockfield

NBNF Association Management provided by

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