

**Mental Health:  
Policy, Clinical, and  
Spiritual Implications**

*Engaging Communities to Reduce  
the Mental Health Stigma*

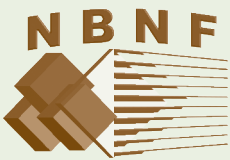
September 9, 2009  
5:30 PM - 8:30 PM

*The New York Academy of Medicine  
Hosack Hall - 1216 5th Ave. at 103rd St.  
New York, New York*

## *Program Objectives*

- *Provide an overview of mental health and its relationship to spirituality and the relevancy in the faith-based, academic, clinical, and policy making communities;*
  - *Discuss important health policy implications around mental health;*
  - *Discuss effective tools for clergy that enable them to assist in counseling for depression;*
  - *Encourage faith leadership to make information on faith-based prevention of suicide and depression available on request to practicing clergy; and*
  - *Understand the impact of health policy and legislation on the faith-based community as an integral service option in mental health.*
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## *About the Foundation*



The National Black Nurses Foundation, Inc. (NBNF) is engaged in activities that include health literacy, health authority models to increase access to care, nurse leadership development, reforming healthcare workforce regulations and the decrease of chronic diseases and related risk factors in underserved, underrepresented and at risk populations.

The Foundation undertakes the responsibility of improving the state of nurses, particularly African-American nurses through cooperative relationship with other similar international nursing, community, faith-based, professional and consumer organizations across ethnic nurse populations.

OUR MISSION is to convene alliances and develop programs around clinical, and policy measures to improve the quality of life for underserved, underprivileged, and underrepresented at-risk populations. We achieve our mission through education, research, and policy implications as these programs highlight the impact of the nursing shortage and leadership in the United States and its territories.

For more information visit [www.nbnfoundation.us](http://www.nbnfoundation.us)

# Agenda

## **Opening/Welcome/Program Overview**

C. Alicia Georges, EdD, RN, FAAN

*President, National Black Nurses Foundation, Inc.*

## **Greetings**

Assemblyman Peter Rivera

*76th Assembly District*

## **Keynote Presentation**

### **Mental Health: The Burden of Disease on Healthcare Disparities and Policy – Implications for Parity in Health Care**

M. Joycelyn Elders, MD, MS

*Professor Emeritus, Arkansas Medical Center*

*15th Surgeon General of the United States*

### **Clinical Implications: Understanding Depression and Bipolarism to Reduce the Stigma Associated with Mental Health**

#### **– Pull off the Covers**

Janet E. Taylor, MD, MPH

*Psychiatrist and Consumer Strategist*

### **Policy & Community Partnerships for Improved Mental Health Outcomes – A Panel Discussion**

Marvin L. Crawford, MD, MDiv - *Program Advisor*

*Associate Professor of Internal Medicine, Morehouse School of Medicine*

*Senior Pastor, First St. Paul AME Church*

Glenn A. Martin, MD

*Vice President, New York State Psychiatric Association*

Suzanne M.L. Colin, PhD

*President, Association of Hispanic Mental Health Professionals*

## **A Call to Action**

Harvey Rosenthal

*Executive Director, New York Association of Psychiatric Rehabilitation Services, Inc.*

## **Closing**

C. Alicia Georges, EdD, RN, FAAN



**M. JOYCELYN ELDERS, MD, MS**, the first person in the state of Arkansas to become board certified in pediatric endocrinology, was the sixteenth Surgeon General of the United States, the first African American and only the second woman to head the U.S. Public Health Service.

Governor Bill Clinton appointed Joycelyn Elders head of the Arkansas Department of Health in 1987. As she campaigned for clinics and expanded sex education, she caused a storm of controversy among conservatives and some religious groups. Yet, largely because of her lobbying, in 1989 the Arkansas Legislature mandated a K-12 curriculum that included sex education, substance-abuse prevention, and programs to promote self-esteem. From 1987 to 1992, she nearly doubled childhood immunizations, expanded the state's prenatal care program, and increased home-care options for the chronically or terminally ill.

In 1993, President Clinton appointed Dr. Elders U.S. Surgeon General. During her fifteen months in office she faced skepticism regarding her progressive policies yet continued to bring controversial issues up for debate. As she later concluded, change can only come about when the Surgeon General can get people to listen and talk about difficult subjects.

Dr. Elders left office in 1994 and in 1995 she returned to the University of Arkansas as a faculty researcher and professor of pediatric endocrinology at the Arkansas Children's Hospital. Now retired from practice, she is a professor emeritus at the University of Arkansas School of Medicine, and remains active in public health education.



**SUZANNE M.L. COLIN, PhD**, is Clinical Assistant Professor, Department of Psychiatry at the NYU School of Medicine, Co-Director of Child and Adolescent Psychology Externship Program and Senior and Supervising Psychologist, at NYU-Bellevue Hospital Center. She is the President of the Association of Hispanic Mental Health Professionals and Chair of Legislative Committee,

as well as Acting-President New York State LULAC Mental Health Council, Member Advisory Committee New York City Suicide Prevention Consortium, Member Advisory Committee Minority Mental Health Coalition, Member New York State OASAS Constituency Group, Member Advisory Committee Latino Mental Health Conferences.

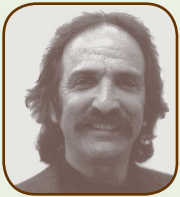


**MARVIN L. CRAWFORD, MD, MDiv** has been dubbed the "preaching physician,"- a title very much reflective of his role as a pastor, professor, and physician. Dr. Crawford has centered his spiritual energies into encouraging the greatest of these to help and the least of these to hope. In all of his pastorates, food banks, educational assistance, healthcare education, economic empowerment, youth development, substance abuse intervention, housing, and crime prevention have been the central point of his ministry. Presently, he is leading his congregation of 491 parishioners collaborate with the South Dekalb Health Initiative to expand a local health clinic to service approximately 1500 uninsured residents.

Dr. Crawford is noted for his ability to incorporate spirituality into patient care and is one of the nation's authentic experts in this area. He is noted for helping to develop the Morehouse School of Medicine curriculum on spirituality and medicine which was one of the first programs of its kind in the nation.



**GLEN A. MARTIN, MD** Dr. Glenn Martin is the Vice President of the New York State Psychiatric Association and a Distinguished Fellow of the American Psychiatric Association. After completing his residency at Hillside Hospital- Long Island Jewish Medical Center, he ran the psychiatric emergency room at Queens Hospital Center before becoming deputy director of the department of psychiatry. He is now the Director of Medical Informatics at the Queens Health Network and medical director of the Interboro RHIO, a health information exchange in Queens and Brooklyn. A graduate of the University of Liège, Belgium Dr. Martin is currently Associate Dean for Research and Associate Director of the Program for the Protection of Human Subjects at the Mount Sinai School of Medicine. He is a Fellow of the New York Academy of Medicine, and maintains a psychiatric practice in Forest Hills, NY.



**HARVEY ROSENTHAL**, is a former President of the New York Association of Psychiatric Rehabilitation Services (NYAPRS) and, since 1993, has been its first Executive Director. In this role, Harvey has helped lead numerous successful advocacy coalitions in achieving the passage of Medicaid Buy-In legislation, the MTA Half-Fare Fairness Act, the Community Reinvestment Act, Timothy's Law, Mental Health Alternatives to Solitary Confinement legislation and Most Integrated Setting Coordinating Council legislation, as well as increases or restorations of funding for numerous services and entitlements for New Yorkers with psychiatric and related disabilities.



**JANET E. TAYLOR, MD, MPH** is on the frontline battling the emotional and economic impact of mental illness. She has a private practice in adult psychiatry and is a former clinical instructor of psychiatry at Columbia University, Harlem Hospital. While living in Vancouver, British Columbia, Dr. Taylor practiced community psychiatry at Greater Vancouver Mental Health. During that time, she developed an interest in life coaching and became a certified professional coach through the Coaches Training Institute. That experience led to the formation of her company, Mind Projects, Inc, which specializes in corporate stress management, and performance and health enhancement. As a consumer health strategist, Dr. Taylor consults with major corporations on diversity initiatives, mental health issues, and behavior modification strategies. She is a Family Circle columnist and a Today Show contributor, speaking on family dynamics, healthy aging, stress management, health disparities, and multicultural communication.

## *Partner Organizations*

**Association of Black Cardiologists, Inc.**

*www.abcardio.org*

**Association of Black Health-Systems Pharmacists**

*www.myabhph.org*

**Black Psychiatrists of America**

*www.blackpsych.org*

**CUNY - Lehman College - Department of Nursing**

*www.lehman.edu/deannss/nursing/*

**Mental Health Association in New Jersey**

*www.mhanj.org*

**Mental Health Association in New York State**

*www.mhanys.org*

**Mentoring in Medicine**

*http://www.medicalmentor.org/*

**Morehouse School of Medicine - Department of Medicine**

*www.msm.edu*

**National Alliance on Mental Illness of New Jersey**

*www.naminj.org*

**National Alliance on Mental Illness of New York State**

*www.naminys.org*

**National Black Nurses Association**

*www.nbna.org*


**The 1Joshua Group, LLC**

*The www.the1joshuagroup.com*

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## *Supporter*

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## *Music*

Arranged and produced by Fred L. Cockfield

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**NBNF Association Management provided by The 1Joshua Group, LLC**  
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